

Online Library Easier Than You Think Because
Life Doesn't Have To Be So Hard The Small
Changes That Add Up To A World Of Difference

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Express Elevator to Success

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The growth engine of the global economy is no longer through mega-production and huge conglomerates, but rather through the proliferation of smaller enterprises. In America alone, tens of thousands of businesses crop up each year. Unfortunately, few will succeed, though not due to a lack of ingenuity, initiative, or even capital. Why, then? Because, according to Dick Cross, author of *Just Run It!*, most business owners lack not just the fundamentals, the nuts and bolts of operating a business effectively day to day, but the bigger picture of how to achieve business success. After taking dozens of companies from underperforming to high performing, Cross observed a pattern, out of which he devised a formula for success. Using his *Just Run It!* formula--which includes the Vision-Strategy-Execution analysis--he is now teaching business owners how to understand their business on "the back of an envelope" and make it exceptional.

Brand Against the Machine

Right from the get-go I was never going to believe that we were not meant to be happy! At just 15 years of age the thought of spending the rest of my life in misery because "we weren't put on this earth to be happy" was a thought too frightening to conceive. As I projected this sentiment forward and imagined the long years ahead, then and there I made the commitment that I was going to find the pathway to happiness: that I would live a joyful life. By the time I had reached my middle years this commitment had become an obsession. During this lifetime, I would

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find the keys to happiness. Whatever it took, joy was my goal and I wouldn't rest until I found it. With glimpses of happiness along the way, I was motivated and driven. "Love yourself first!" What does that mean? How do you do that? There were lots of great suggestions but very few helpful guidelines. Entrenched in a middle-income mindset I held many limiting beliefs that kept me squarely where I was. But for an enquiring mind and a fearless heart that had almost lost its desire to fight on, I may have drowned in the mire of unworthiness. Little by little the pieces of the puzzle came together. My journey took me to explore both inside and out: what others had to offer and the filters through which I was living my life. A woman on a mission, I wouldn't let it go until I had discovered the answers. Joy! We are meant to be joyful. We are meant to be happy.

Stepping into Success

From the New York Times bestselling author of *Watch Your Back* and *Did You Miss Me* comes the newest novel by "the queen of romantic suspense" (Crime and Punishment). Psychologist Faith Corcoran is desperate to escape the stalker who's made her life a nightmare for the past year—desperate enough to run to the one place that has been her nightmare far longer. Both boon and bane, her recent inheritance of her grandmother's old house in Cincinnati offers sanctuary in which she can start her life anew, but requires that she face the dark memories that still resonate to this day. But she has no idea how close to home her fears still are. Two college girls have gone

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missing in the area, and FBI Special Agent Deacon Novak is called to work on the case. When his inquiry unexpectedly leads him to Faith, he finds a beautiful and brave woman he can't help but fall for. Soon they'll discover that this seemingly simple investigation is anything but. Reaching back decades into Faith's own past, it will shatter everything she believes to be true and will give terrifying new meaning to flesh and blood.

Positive Parenting Is Easier Than You Think

Teaches the author's strategies for creating wealth in real estate, including seven keys to identify hidden market values, the five types of real estate markets, and how to approach each one.

Extraordinary Means

Have you ever wondered how to write a review? Where to begin or how long it needs to be? Has it ever occurred to you that even negative reviews may be helpful to authors? Are there different types of reviews? Where can you get tips for reviewing a book? Do you wish writing a review was easy? With this book it is. Sharing your opinion with people who want to hear it is fun. Your reviews help fellow readers find out if a book is worth their time and money. Authors appreciate the recognition of a review, no matter how long, and the insight of a review can show them where they need to improve. 'Writing a Simple Book Review; it's easier than you think!', holds these

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answers and more. You can start writing book reviews today.

God's Best-Kept Secret

'An effective golf swing will produce a thousand correct positions - but a thousand correct positions won't produce an effective golf swing'. Using a thorough analysis of more than 200 research articles, author Chris Riddoch - a scratch golfer in his teens and one of the UK's leading sports scientists - explains why this statement is true. In *The Golf Swing*, he describes why we must avoid the endless technical complexities of the 'swing theory quagmire'. He explains how dissecting the swing into countless angles and positions and trying to recombine them actually stifles our best learning weapon - our powerful, innate skill-learning mechanisms, which thrive on SIMPLICITY. *The Golf Swing* combines two sciences: golf swing mechanics and human skill learning. The result is an approach to swing development based on just four movement skills - KEY SKILLS - each of which can be learnt using the simplest of swing thoughts. In contrast to other books - which merely describe the swing - *The Golf Swing* explains the best way to learn it. Grounded firmly in high-quality science, yet written in a non-scientific, entertaining style, *The Golf Swing* cuts through the buzzing bewilderment that surrounds the golf swing. All golfers - from beginners to tournament professionals - will benefit. 'For any other human skill, we know we can do it, but we don't know how we do it. In the golf swing, it's the opposite - we know

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everything about how to do it, but we can't DO it'.

<http://www.TheGolfSwingZone.com>

chris@TheGolfSwingZone.com

Democracy in One Book or Less

Why do we believe that aging is the cause of most of our problems as we get older? Age and aging actually have much less to do with it than you think. Live Young, Think Young, Be Young challenges our assumptions and beliefs about aging, and provides a fresh, new understanding of how and why we grow old. It will make you think differently about little things in your daily life that accelerate the three "mega" causes of getting old. In the end, this book is about courage and resilience—the courage to change what can be changed and the resilience to accept what can't be changed. Together, they provide a powerful plan for staying young in body, mind, and spirit.

Just Run It!

Using delightful and deceptively powerful stories from everyday experiences, beloved Buddhist teacher Sylvia Boorstein demystifies spirituality, charts the path to happiness through the Buddha's basic teachings, shows how to eliminate hindrances to clear seeing, and develops a realistic course toward wisdom and compassion. A wonderfully engaging guide, full of humor, memorable insights, and love.

It's Easier Than You Think

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Finding it, refining it, loving it, and actually getting out there and doing it Don't waste your life not doing something you aren't brilliant at, not setting the world on fire with your ideas, your thinking, your inventions, your words — it doesn't matter how you do your Thing, what matters is that you DO IT! And how about turning that Thing into your business too? Lucy Whittington is on a mission — she wants everyone in the world to do what they're brilliant at and not just what they're 'good' at. Having done what she was 'good' at for a long time (marketing), and getting overqualified with an MBA, Lucy realized that her 'Thing' was finding other people's Thing and helping them turn it into a great business that they love. In this book, Lucy uses her proven five-step process to help even more people find what they are brilliant at. Find out what you should be doing and how to make a living from it Take advantage of Lucy's expertise and follow her five-step process for success Be inspired and gain real practical advice Receive guidance on taking your new business to the next level by creating your "Star Plan" Become famous for what you do Imagine being so gifted that the work you are paid to do comes as naturally as breathing, and is so enjoyable that you would do it for free. It can happen. You're gifted at something, and that something is marketable. You can put yourself on the path to your ideal life, but first you have to Find Your Thing.

Be a Real Estate Millionaire

Is this the America you want? If not, here's how to claim the power to change your country. We are in an

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age of epic political turbulence in America. Old hierarchies and institutions are collapsing. From the election of Donald Trump to the upending of the major political parties to the spread of grassroots movements like Black Lives Matter and \$15 Now, people across the country and across the political spectrum are reclaiming power. Are you ready for this age of bottom-up citizen power? Do you understand what power truly is, how it flows, who has it, and how you can claim and exercise it? Eric Liu, who has spent a career practicing and teaching civic power, lays out the answers in this incisive, inspiring, and provocative book. Using examples from the left and the right, past and present, he reveals the core laws of power. He shows that all of us can generate power—and then, step by step, he shows us how. The strategies of reform and revolution he lays out will help every reader make sense of our world today. If you want to be more than a spectator in this new era, you need to read this book.

Start It Up

For many of us, the attempt to live for God can leave us feeling burdened rather than free. Yet that's not the kind of life God intends for us to experience. What if he never meant for us to try so hard? What if overcoming sin doesn't rely on our own self-control? What if loving others isn't about saying and doing all the right things? What if suffering isn't designed to teach us lessons? What if we could feel closer to God without doing anything? In *God's Best-Kept Secret*, the founder of Grace Life International explodes our

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preconceived notions of living the Christian life, freeing us to stop just going through the motions and to experience true fulfillment. Illuminating commonly misunderstood Bible verses, Mark Maulding shows us that following God is not as complicated as we often make it out to be. And, in fact, the answer to our struggles has been hiding in plain sight all along.

Easier Than You Think-- Because Life Doesn't Have to be So Hard

Would you like to follow the path towards health and away from disease? Type 2 diabetes, asthma, arthritis, IBS, thyroid problems, depression, dementia, anxiety and heart disease are common in the western world, but that needn't be the case. We now have ways of identifying, preventing, and addressing their underlying root causes. Contrary to popular belief, we don't get chronic disease because of our genes, but from a mismatch between our genes, our environment and our lifestyle. By making a few changes in your life with achievable solutions, you can take the steps to alleviate these common conditions and follow the path towards a lifetime of wellness. This book guides you through the steps you can take to help you achieve health and wellness, to increase the health-span of your lifespan.

Happiness For Dummies

Ditch traditional corporate branding to create a powerful, recognizable brand Brand Against the Machine offers proven and actionable steps for

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companies and entrepreneurs to increase their brand visibility and credibility, and to create an indispensable brand that consumers can relate to, thus becoming life-long customers. Discover the aspirational currency that makes your brand one that people want to be or want to be friends with. Learn how to be real with your audience and make strategic associations to establish credibility. Brand Against the Machine will help you stand out, get noticed, and be remembered. Brand Against the Machine is the blueprint for how to market your brand to attract better clients and stand out from the clutter that is traditional corporate branding and marketing. Instant Positioning Method: How to instantly stand out from the crowd and position yourself as a resource, not just another service provider The 20/60/20 Rule: Why it's important to take a stand and why it's okay to have haters—because it creates a stronger bond with those who love you Ditch your traditional corporate branding and marketing, and exchange it for something memorable. Your customers will thank you for it.

You're More Powerful than You Think

Be a Real Estate Millionaire

Now, you can find the happiness you want and live “the good life” you deserve by applying the helpful information in Happiness For Dummies, the ultimate guide to achieving bliss! You’ll discover proven techniques for living a meaningful, healthy, and

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productive life no matter what your life circumstances happen to be. Positive concepts and techniques will help you change key behaviors, foster good habits, and be in sync with your surroundings. This helpful guide will give you the chance to assess your happiness and understand what it means to be happy at each stage of self-actualization. You'll learn why having positive emotions can improve your health and well-being. And, you will find out what happiness isn't and how to avoid confusing happiness with culturally valued outcomes like wealth, power, and success. Pursue what you want, seize the day, find benefits in life's challenges, and live a coherent lifestyle. Find out how to:

- Assess your current capacity for happiness
- Live the life that you want
- Overcome common obstacles to happiness
- Identify your strengths and virtues
- Improve your emotional and spiritual life
- Create meaningful social ties and learn to be alone
- Find the silver lining

Complete with lists of ten ways to raise a happy child, ten common roadblocks to happiness, and ten personal habits to foster happiness, *Happiness For Dummies* is your one-stop, easy-to-follow guide to being happy and living your best life.

Body Language for Business

Struggling with student behavior? Want to improve student achievement? In *Chasing Down The C.A.T.* Arthur Tobia unlocks some doorways to understanding the often-overlooked bigger picture around student behavior. Taking you on a journey like a personal guide, he will provoke you thinking around

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your development of Culture And Tone in your classroom. You will learn how to foster effective relationships with students, encouraging desirable behavior and improving student achievement. Through clarifying Culture And Tone's influence on the outcomes of student behavior you will gain a broader understanding of what actually impacts the behavioral, social and academic aspects of the day. Tobia lends his insights of 25 years of experience through stories and anecdotes about students, teachers and schools. He shares successes as well as challenges, that all offer a lesson. He will guide you through your communication process and daily interactions. As you delve into your belief system you will develop understanding as to how you contribute to the behavior of your students. He will even help you find your purpose! Chasing Down The C.A.T. will get you into the mindset of successful teachers. You will learn how to apply their habits and make them your own. You will learn to more consciously create your classroom Culture and Tone to improve achievement by increasing teaching and learning time, while simultaneously improving the quality of life for students and teachers alike. Become more connected and capable with your students as Arthur coaches you through the pages Chasing Down the C.A.T.!

Live Young, Think Young, Be Young

For many of us, the attempt to live for God can leave us feeling burdened rather than free. Yet that's not the kind of life God intends for us to experience. What

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if he never meant for us to try so hard? What if overcoming sin doesn't rely on our own self-control? What if loving others isn't about saying and doing all the right things? What if suffering isn't designed to teach us lessons? What if we could feel closer to God without doing anything? In *God's Best-Kept Secret*, the founder of Grace Life International explodes our preconceived notions of living the Christian life, freeing us to stop just going through the motions and to experience true fulfillment. Illuminating commonly misunderstood Bible verses, Mark Maulding shows us that following God is not as complicated as we often make it out to be. And, in fact, the answer to our struggles has been hiding in plain sight all along.

9th Grade Survival Guide

What has happened to men in America? Once upon a time, men in their twenties looked forward to settling down and having children. Today, most young men seem infected by a widespread Peter Pan syndrome. Unwilling to give up the freedom to sleep late, play video games, dress like a slob, and play the field, today's men wallow in an extended adolescence, ostensibly unaware that they're setting themselves up for a depressing, lonely existence. In this hilarious ode to male adulthood, Jim Geraghty and Cam Edwards—two happily married, 40-year-old men—have a simple message for their younger peers: Grow up!

Chasing Down The C. A. T.

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When he's sent to Latham House, a boarding school for sick teens, Lane thinks his life may as well be over. But when he meets Sadie and her friends - a group of eccentric troublemakers - he realises that maybe getting sick is just the beginning. That illness doesn't have to define you, and that falling in love is its own cure. *Extraordinary Means* is a darkly funny story about true friendships, ill-fated love and the rare miracle of second chances. Everyone is raving about *SEVERED HEADS, BROKEN HEARTS!* 'I couldn't help but think of John Green's novels - I think his fans will eat this up.' Publishers Weekly 'Heartbreaking and hilarious. I have no doubt that girls everywhere are going to fall madly, deeply, hopelessly in love with Ezra Faulkner.' Sarah Mlynowski, NYT bestselling author. 'Maybe it's time to expand your list of literary crushes to include someone other than Augustus Waters.' MTV.com 'Up there with John Green - and it's a delight to read... the ending absolutely blew me away, being unpredictable, powerful, and altogether fantastic.' The Bookbag 'fun, touching and absolutely hilarious' Sugarscape 'original and radiant' Daisy Chain Book Reviews

It's Easier Than You Think

Knowledge is a big subject, says Stuart Firestein, but ignorance is a bigger one. And it is ignorance--not knowledge--that is the true engine of science. Most of us have a false impression of science as a surefire, deliberate, step-by-step method for finding things out and getting things done. In fact, says Firestein, more often than not, science is like looking for a black cat in

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a dark room, and there may not be a cat in the room. The process is more hit-or-miss than you might imagine, with much stumbling and groping after phantoms. But it is exactly this "not knowing," this puzzling over thorny questions or inexplicable data, that gets researchers into the lab early and keeps them there late, the thing that propels them, the very driving force of science. Firestein shows how scientists use ignorance to program their work, to identify what should be done, what the next steps are, and where they should concentrate their energies. And he includes a catalog of how scientists use ignorance, consciously or unconsciously--a remarkable range of approaches that includes looking for connections to other research, revisiting apparently settled questions, using small questions to get at big ones, and tackling a problem simply out of curiosity. The book concludes with four case histories--in cognitive psychology, theoretical physics, astronomy, and neuroscience--that provide a feel for the nuts and bolts of ignorance, the day-to-day battle that goes on in scientific laboratories and in scientific minds with questions that range from the quotidian to the profound. Turning the conventional idea about science on its head, Ignorance opens a new window on the true nature of research. It is a must-read for anyone curious about science.

Find Your Thing

Luke Johnson is the man behind the growth of PizzaExpress and as a host of other leading brands; one of Britain's most successful entrepreneurs with an

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estimated personal fortune of £120 million. In *Start It Up* he compresses two decades of success to reveal the realities of running your own business and busts some key myths along the way. Learn how to find the right idea or buy someone else's; source capital from all sorts of places you never expected; get the best from everyone you meet on the way - chiefly yourself; and stay sane while you do it. *Start It Up* is that all-too-rare thing: a how-to book by someone who actually has.

Gower Handbook of Internal Communication

“Age-old wisdom presented in a practical, easy to understand manner that can be utilized by everyone.”
—Bernie Siegel, M. D., author of *Love, Medicine & Miracles* Newly revised and updated to address the increased stress of our modern times, *Slowing Down to the Speed of Life* by bestselling author Richard Carlson (*Don't Sweat the Small Stuff...and It's All Small Stuff* and *Don't Get Scrooged*) and Joseph Bailey is the classic guide to creating a more peaceful, simpler life from the inside out. With practical and easy exercises to help you slow down your mind and focus on the present moment, *Slowing Down to the Speed of Life*, in the words of Dan Millman, bestselling author of *Way of the Peaceful Warrior*, is “a life-enhancing book with insightful principles for peaceful and productive living at work and at home.”

Breaking Through Power

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The first year of high school can be exciting and scary at the same time. FEAR NOT! The 9th Grade Survival Guide is here to help. On these pages, teens will find everyday situations that ninth graders face and some tips on how to navigate high school life with style and grace. Some of the topics covered include hazing; getting lost; dealing with disappointment; meeting new people; understanding teachers, parents, and peers.

How to Write a Simple Book Review

A guide to body language in the business world explains how to best utilize interpersonal skills in professional situations and provides advice for developing confidence, controlling anxiety, and making a positive impact.

The 7 Secrets of Extraordinary Investors

"Nader's assessment of how concentrated wealth and power undermine democracy is clear and compelling, but it's his substantive vision of how we ought to respond that makes *Breaking Through Power* essential reading. Written just before Donald Trump's Electoral College victory, Nader's latest book reads with even greater urgency now."--Yes Magazine In *Breaking Through Power*, Ralph Nader draws from a lifetime waging--and often winning--David vs. Goliath battles against big corporations and the United States government. In this succinct, Tom Paine-style wake-up call, the iconic consumer advocate highlights the success stories of fellow Americans who organize

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change and work together to derail the many ways in which wealth manipulates politics, labor, media, the environment, and the quality of national life today. Nader makes an inspired case about how the nation can--and must--be democratically managed by communities guided by the United States Constitution, not by the dictates of big businesses and the wealthy few. This is classic Ralph Nader, a crystallization of the core political beliefs and commitments that have driven his lifetime of advocacy for greater democracy. "Ralph Nader is the grand progressive of our time. We overlook his words at our own peril! This book is required reading."--Cornel West "Ralph Nader's *Breaking Through Power* is a brilliant analysis of corporate power and the popular mechanisms that can be used to wrest back our democracy. No one has been fighting corporate domination longer, or understands it better, than Nader, who will go down in history not only as a prophet but an example of what it means to live the moral life. We disregard his wisdom and his courage at our peril."--Chris Hedges, Pulitzer-Prize winner and author of *Wages of Rebellion: The Moral Imperative of Revolt* "Nader goes beyond delineating the problem and provides a critical prescription to battle the toxicity of unjust power--one that every individual can, and must, embrace."--Nomi Prins, author, *All the Presidents' Bankers* "People are recognizing that our founding, fundamental values of fairness, justice, and opportunity for all--the very values that define our America--are being shoved aside to create an un-America of plutocracy and autocracy. Ralph Nader's new book *Breaking Through Power* provides progressive boat-rockers with

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inspiration and a plan for reclaiming America from the greedy Plutocrats and Fat Cats who think democracy is for sale to the highest bidder."--Jim Hightower "I read Ralph Nader for the same reasons that I read Tom Paine. He knows what he thinks, says what he means, and his courage is a lesson for us all."--Lewis Lapham "Nader insists on speaking up for the little people and backs his arguments and decent sentiments with hard facts."--Publishers Weekly About Ralph Nader: Named by The Atlantic as one of the hundred most influential figures in American history, and by Time and Life magazines as one of the most influential Americans of the twentieth century, Ralph Nader has helped us drive safer cars, eat healthier food, breathe better air, drink cleaner water, and work in safer environments for more than four decades. Nader's recent books include Animal Envy, Unstoppable, The Good Fight, and the bestseller, Seventeen Traditions. Nader writes a syndicated column, has his own radio show, and gives lectures and interviews year round.

Liking the Child You Love

Hi, my name is Emily, and I am eight years old. I have a favorite pair of tennis shoes, a dog named Roxy, a parakeet, and a stick of gum that I am saving for a special occasion. I love dancing, crazy hats, and talking to God! Talking to God helps me choose my thoughts. My mom says, Choose your thoughts. Choose your life. She says its super important to think Gods kind of thoughts! There are all kinds of ways to talk to God. Lots of times when I want to talk with

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God, I go to my tree house. It's my quiet place, and it's just for me. I have all kinds of things in my tree house. I have crayons and paper, clay, and silly glasses. I have dress ups, boxes, and a flashlight. I make things there. Sometimes I dance and sing. I love to practice twirling! Even if you don't have a tree house, you can choose your own place to talk with God. He is always with you. I hope you will use this book to choose your thoughts! Come and visit me in my tree house. I'd love to see you!

God's Best-Kept Secret

The author of *Don't Sweat the Small Stuff* taught readers how to stop the little things in life from driving them crazy. Now he demonstrates how making simple yet effective changes can get our life back on course. With his blend of storytelling and advice, Carlson offers proven ways that even the smallest amounts of change can add up to become a fortune of difference in our lives.

Life, Liberty and Pursuit of a Honeybun (BWWM Romantic Suspense Mystery)

The Golf Swing

Be a Real Estate Millionaire will teach you Dean Graziosi's personal strategies for turning real estate "losers" into winners. Discover the seven keys to uncovering "hidden real estate values." Learn to identify the five types of real estate markets and the

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right strategy for each. Take Dean's local market analysis test to determine the exact nature of your local real estate market. Receive Dean's unique formula for win-win-win real estate transactions and experience how you can make money while helping others make money, too. Let Dean share his strategies and secrets and help you become a real estate millionaire today. Read and act on Dean's advice and you too will become a real estate millionaire.

Wellness is Easier Than You Think

If your business is not where you want it to be, or you've been implementing tactics that aren't working, this book is a 'must read.' Julie's passion and expertise shine through in this refreshing business book which turns traditional business building and business development on its head using a unique and feminine approach that gets to the heart and soul of success for you as a business woman. Julie's innovative DANCE system shows you how to create meaningful and authentic success in your business and in your life. DANCE is a simple and creative approach to grow your business in a completely different way. After reading this book you will have more clarity and focus, be able to embrace your uniqueness, and understand and overcome what's currently stopping you succeed.

Closer Than You Think

A comprehensive guide to managing communication

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within organizations, the Handbook recognises Internal Communication's continued growth as a management discipline. It is aimed at leaders who want insight into IC techniques for use in both day-to-day operational and change situations, for example, and also at the communication specialist seeking shared wisdom and new ideas. Early chapters examine changes in the strategic context in which today's IC departments are operating. These include organizations' increasing need for innovation and responsiveness in a superfast changing environment; employees' increasing assertion of rights and personal requirements at work; management's increasing recognition of the importance of corporate reputation/brand value, particularly how to sustain and extend it; and finally, the effects on work and management patterns of digital communication. Step-by-step guides introduce you to creating IC strategies and to carrying out research and measurement.

Commit to Feel Good!

If you're tired of climbing the corporate ladder, may we suggest that you take the elevator instead? SuperCompetent productivity habits can take you off that old rung-by-rung advance and push you ahead so fast that you won't even have time to notice that glass ceiling as you pass through. Laura Stack, *The Productivity Pro*, teaches you how to turbo-charge your productivity skills by: 1. Taking full responsibility for your own success. 2. Concentrating on your most important tasks with laser-sharp focus. 3. Maximizing the use of your time and completing critical tasks. 4.

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Tightening up your personal availability. 5. Organizing everything to save time and make life easier. 6. Taking charge of your technology, rather than letting it take charge of you. If you want to make it to the top, the only person you can count on to help you get there is you. So quit just doggedly climbing the ladder. Put these habits into play instead, and it'll be like taking the express elevator right to the C-Suite.

The Board Member's Easier-than-you-think Guide to Nonprofit Finances

“I shouldn’t have to tell him that again!” “She is just so spoiled.” “They don’t appreciate anything I do for them.” Do you feel like you’re at the end of your rope? Are you exhausted by your kids arguing over every little thing? Finally there’s a name for your feelings: “Parent Frustration Syndrome” (PFS). No kid is perfect, but parents often don’t realize just how much their own thoughts, rather than their children’s behavior, contribute to being emotionally overwhelmed and discouraged. In *Liking the Child You Love*, Renowned psychologist Dr. Jeffrey Bernstein offers proven strategies for taming the 9 most common toxic thought patterns that stop us from parenting effectively:

- The “Always or Never” Trap
- Label Gluing
- Seething Sarcasm
- Smoldering Suspicions
- Detrimental Denial
- Emotional Overheating
- Blame Blasting
- “Should” Slamming
- Dooming Conclusions

As you identify and put a stop to PFS’s negative thought patterns, you’ll be amazed at how your kids’ defiant behavior quickly improves, without having to raise your voice or dole out harsh

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punishments. Soon you will have a closer, calmer, and more loving relationship with your kids—just by changing your own mindset.

Slowing Down to the Speed of Life

Blasting clichéd career advice, the contrarian pundit and creator of Dilbert recounts the humorous ups and downs of his career, revealing the outsized role of luck in our lives and how best to play the system. Scott Adams has likely failed at more things than anyone you've ever met or anyone you've even heard of. So how did he go from hapless office worker and serial failure to the creator of Dilbert, one of the world's most famous syndicated comic strips, in just a few years? In *How to Fail at Almost Everything and Still Win Big*, Adams shares the game plan he's followed since he was a teen: invite failure in, embrace it, then pick its pocket. No career guide can offer advice that works for everyone. As Adams explains, your best bet is to study the ways of others who made it big and try to glean some tricks and strategies that make sense for you. Adams pulls back the covers on his own unusual life and shares how he turned one failure after another—including his corporate career, his inventions, his investments, and his two restaurants—into something good and lasting. There's a lot to learn from his personal story, and a lot of entertainment along the way. Adams discovered some unlikely truths that helped to propel him forward. For instance:

- Goals are for losers. Systems are for winners.
- "Passion" is bull. What you need is personal energy.
- A combination of mediocre skills

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can make you surprisingly valuable. • You can manage your odds in a way that makes you look lucky to others. Adams hopes you can laugh at his failures while discovering some unique and helpful ideas on your own path to personal victory. As he writes: “This is a story of one person’s unlikely success within the context of scores of embarrassing failures. Was my eventual success primarily a result of talent, luck, hard work, or an accidental just-right balance of each? All I know for sure is that I pursued a conscious strategy of managing my opportunities in a way that would make it easier for luck to find me.”

Fundamentals of Financial Statements

You Can Feel Good Again

The words “don't sweat the small stuff” became an important part of American culture thanks to Richard Carlson’s runaway bestseller, which made publishing history as the #1 book in the United States for two consecutive years. Now, *You Can Feel Good Again* has one simple message: changing your thinking changes your life. Carlson offers a commonsense method that allows anyone to release unhappiness and negativity related to present circumstances or past events, and return to a natural state of well-being in the present. *You Can Feel Good Again* is full of humor, wisdom, and thoughtful guidance—a genuine tool to foster the realization that happiness and contentment are truly one thought away. From the Trade Paperback edition.

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Emily Mason Teaches You to Think

Bill Bryson meets Thomas Frank in this deeply insightful, unexpectedly hilarious story of how politicians hijacked American democracy and how we can take it back. The democracy you live in today is different—completely different—from the democracy you were born into. You probably don't realize just how radically your republic has been altered during your lifetime. Yet more than any policy issue, political trend, or even Donald Trump himself, our redesigned system of government is responsible for the peril America faces today. What explains the gap between what We, the People want and what our elected leaders do? How can we fix our politics before it's too late? And how can we truly understand the state of our democracy without wanting to crawl under a rock? That's what former Obama speechwriter David Litt set out to answer. Poking into forgotten corners of history, translating political science into plain English, and traveling the country to meet experts and activists, Litt explains how the world's greatest experiment in democracy went awry. (He also tries to crash a party at Mitch McConnell's former frat house. It goes poorly.) The result of Litt's journey is something you might not have thought possible: a page-turner about the political process. You'll meet the Supreme Court justice charged with murder, learn how James Madison's college roommate broke the Senate, encounter a citrus thief who embodies what's wrong with our elections, and join Belle the bill as she tries to become a law (a quest far more harrowing than the one in *Schoolhouse Rock!*). Yet despite his

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clear-eyed assessment of the dangers we face, Litt remains audaciously optimistic. He offers a to-do list of bold yet achievable changes—a blueprint for restoring the balance of power in America before it's too late.

Heavy Lifting

A book for non-finance managers who want to learn the language of business - the numbers. The book is a jargon free, layman's way of explaining financial statements in a user-friendly manner.

Ignorance

Every day, most investors are making decisions that are sure to bring them ordinary results. They are on the road to financial mediocrity because they make the same mistakes that everyone else makes—they spend too much, invest poorly, and receive poor advice. They know the price of their favorite stock, but they have no idea what their ideal financial future costs. There are also investors who are extraordinary. They make wise decisions, and they get superior results. They know that their financial house is in order, and they have a process for keeping it that way. They have confidence about the future because they listen to advice from the right people. The 7 Secrets of Extraordinary Investors shows investors seven simple ideas that are hidden in plain sight. Through an unusual mix of common sense and academic research, this book shows a straightforward path that can help you to achieve all that is important

Online Library Easier Than You Think Because Life Doesn't Have To Be So Hard The Small Changes That Add Up To A World Of Difference to you during and beyond your lifetime.

How to Fail at Almost Everything and Still Win Big

Their first “date” involved a bit of the bubbly, some dancing, and a fiery rocket thundering by overhead. Unfortunately, their second “date” was worse. Alfric thought the pretty lady with the startling blue eyes was working with the terrorists. But when those same terrorists tried to kill them both, Alfric realized he didn’t have a clue. Pleasance knew she shouldn’t try to save the auburn-haired heart-throb when he rolled his car while chasing her. But she couldn’t quite equate the man she’d been told wanted to hurt her, with the guy who’d just crashed his fancy car to keep from killing some coyote pups. It was inevitable. The moment they shared the same sphere, fireworks in the form of bullets, rockets and incendiary devices exploded. Now all they had to do was survive long enough to find out if the feelings they didn’t seem able to deny would grow into something that would last. “I thoroughly enjoyed this witty, romantic, electrifying read. The pace of this book was fantastic and the adventure grabbed my attention from the start. I will definitely be adding this author to my must-read list.” ~The Romance Studio “Sam Cheever creates some of the best characters you could ever find in the pages of a book. The Honeybun brothers are incredibly sexy and loyal. Everyone would want one for their very own. Any book by Sam Cheever is entertainment at its best.” ~SensualReads.com Get your copy now and start your own Honeybun

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adventure! And remember, when you're done with
this one, there are 7 more brothers to enjoy.

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