

Hiking From Here To Wow Utah Canyon Country By Copeland Kathy Copeland Craig 1st First Edition 7172008

Utah's Incredible Backcountry Trails
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Utah's Incredible Backcountry Trails

On Trails

“The Hike just works. It’s like early, good Chuck Palahniuk. . . . Magary underhands a twist in at the end that hits you like a sharp jab at the bell. . . . It’s just that good.” —NPR.org “A page-turner. . . . Inventive, funny. . . . Quietly profound and touching.”—BoingBoing From the author of *The Postmortal*, a fantasy saga unlike any you’ve read before, weaving elements of folk tales and video games into a riveting, unforgettable adventure of what a man will endure to return to his family When Ben, a suburban family man, takes a business trip to rural Pennsylvania, he decides to spend the afternoon before his dinner meeting on a short hike. Once he sets out into the woods behind his hotel, he quickly comes to realize that the path he has chosen cannot be given up easily. With no choice but to move forward, Ben finds himself falling deeper and deeper into a world of man-eating giants, bizarre demons, and colossal insects. On a quest of epic, life-or-death proportions, Ben finds help comes in some of the most unexpected forms, including a profane crustacean and a variety of magical objects, tools, and potions. Desperate to return to his family, Ben is determined to track down the “Producer,” the creator of the world in which he is being held hostage and the only one who can free him from the path. At once bitingly funny and emotionally absorbing, Magary’s novel is a remarkably unique addition to the contemporary fantasy genre, one that draws as easily from the world of classic folk tales as it does from video games. In *The Hike*, Magary takes readers on a

daring odyssey away from our day-to-day grind and transports them into an enthralling world propelled by heart, imagination, and survival. From the Hardcover edition.

Day Hiking Los Angeles

The Opinionated Hikers: Kathy & Craig Copeland have created the new Done in a Day series to show hikers with limited time where to enjoy the greatest scenic rewards. Start your adventure within a short drive of the village, and witness the wonder of Banff and be back for a hot shower, great meal, and soft bed at the end of the day. Choose from easy, vigorous, or challenging hikes that have been boot-tested and certified spectacular by the authors.

A Walk in the Woods

With coverage ranging from day hikes to longer backpacking adventures in Washington's Glacier Peak Wilderness and North Cascades National Park, this guidebook's discerning advice helps make the most of a person's precious weekends and vacations. Full color.

Done in a Day Banff

Designated in December 2016 by President Barack Obama, Bears Ears National Monument covers 1.35 million acres of southeastern Utah. Inhabited for over 2,500 years, the area is rich with ancient culture and spectacular scenery. The hikes in this book range from easy strolls suitable for families with children to extended adventures into remote corners of an incredible landscape. The Best Bears Ears National Monument Hikes will educate readers about the importance of protecting our public lands. Featuring 120 color photos and 30 color maps, with sections dedicated to the history of the area, and how to protect it.

Lost in the Wild

Twenty-four hikes in southern Utah.

When You Find My Body

Carrot Quinn fears that she's become addicted to the internet. The city makes her feel numb, and she's having trouble connecting with others. In a desperate move she breaks away from everything to walk 2,660 miles from Mexico to Canada

on the Pacific Crest Trail. It will be her first long-distance hike. In the desert of Southern California Carrot faces many challenges, both physical and emotional: pain, injury, blisters, aching cold and searing heat, dehydration, exhaustion, loneliness. In the wilderness she happens upon and becomes close with an eclectic group of strangers- people she wouldn't have chanced to meet in the "regular world" but who are brought together, here on the trail, by their one common goal: make it to Canada before the snow flies.

Done in a Day Whistler

This guide features 37 major hikes designed to satisfy any canyoneer from novice to expert, including 20 in the new Grand Staircase-Escalante National Monument.

Hiking in Finland

Supreme long-distance hiker Andrew Skurka shares his hard-earned knowledge in this essential guide to backpacking gear and skills. Described by National Geographic as "one of the best traveled and fastest hikers on the planet," and named "Adventurer of the Year" by Outside and "Person of the Year" by Backpacker, Skurka recounts what he's learned from more than 30,000 miles of long-distance adventures, most recently a 4,700-mile 6-month loop around Alaska and Canada's Yukon. Whether you're a first-time backpacker, an occasional weekend warrior or a seasoned long-distance trekker, you'll love this guide. Learn exactly what you need to carry - both on your back and between your ears - for all seasons and circumstances through a show-and-tell of clothing, footwear, backpacks, shelter and sleep systems, and more, as well as through detailed articles on foot care, campsite selection and hiking efficiency. Skurka's practical and priceless recommendations give you all the tools and techniques you'll need to hit the trail. From the Trade Paperback edition.

60 Hikes Within 60 Miles: Salt Lake City

More than seventy-five detailed descriptions to hikes in Utah's national parks, the Great Basin, and the Wasatch and Uinta ranges.

Best Dog Hikes Utah

At last in one collection, Best Dog Hikes Utah features the best dog-friendly hiking trails in the Beehive State. From mountain views to canyon treks, there's a trail for you and your trusty companions. Your pups will frolic, swim, play, explore, and enjoy every step of the way. Throughout are full-color photos and maps, helpful tips, and tailored hike specs

with information on leash requirements, trail surface, other trail users, and more. You'll also find important advice about hiking with dogs and preparation before you hit the trail. Grab the leash, don your pack, and get ready for an adventure that will have tails wagging for days to come.

Best Hikes Near Salt Lake City

Done in a Day: Whistler describes where to invest your limited hiking time to enjoy the greatest scenic rewards. In Whistler, nature and God are still one. Choose an easy, vigorous, or challenging hike. Witness the wonder of Whistler and be back for a hot shower, great meal, and soft bed.

Open Season

New York Times Bestseller • Winner of the National Outdoor Book Award • Winner of the Saroyan International Prize for Writing • Winner of the Pacific Northwest Book Award • "The best outdoors book of the year." —Sierra Club From a talent who's been compared to Annie Dillard, Edward Abbey, David Quammen, and Jared Diamond, *On Trails* is a wondrous exploration of how trails help us understand the world—from invisible ant trails to hiking paths that span continents, from interstate highways to the Internet. While thru-hiking the Appalachian Trail, Robert Moor began to wonder about the paths that lie beneath our feet: How do they form? Why do some improve over time while others fade? What makes us follow or strike off on our own? Over the course of seven years, Moor traveled the globe, exploring trails of all kinds, from the miniscule to the massive. He learned the tricks of master trail-builders, hunted down long-lost Cherokee trails, and traced the origins of our road networks and the Internet. In each chapter, Moor interweaves his adventures with findings from science, history, philosophy, and nature writing. Throughout, Moor reveals how this single topic—the oft-overlooked trail—sheds new light on a wealth of age-old questions: How does order emerge out of chaos? How did animals first crawl forth from the seas and spread across continents? How has humanity's relationship with nature and technology shaped world around us? And, ultimately, how does each of us pick a path through life? Moor has the essayist's gift for making new connections, the adventurer's love for paths untaken, and the philosopher's knack for asking big questions. With a breathtaking arc that spans from the dawn of animal life to the digital era, *On Trails* is a book that makes us see our world, our history, our species, and our ways of life anew.

Hiking from Here to WOW: Utah Canyon Country

This full-color guide covers 90 trails in southern Utah's spectacular canyon country that epitomize the "wonder of wilderness." The authors hiked more than 1600 miles through Zion, Bryce, Escalante-Grand Staircase, Glen Canyon, Grand

Gulch, Cedar Mesa, Canyonlands, Moab, Arches, Capitol Reef, and the San Rafael Swell in order to compile their list of 90 WOW hikes. Coverage ranges from short dayhikes to multi-day backpacking adventures. The book describes precisely where to find the redrock cliffs, slick-rock domes, soaring arches, and ancient ruins that make southern Utah unique. And it does so in a refreshing style--honest, literate, entertaining, and inspiring.

The Ultimate Hiker's Gear Guide

Nature is just around the corner in the City of Angels

The Other Side of Lost

Hiking from Here to WOW: Utah Canyon Country describes the 90 most compelling trails within our planet's most bizarrely beautiful region.

Grandma Gatewood's Walk

For every woman who has ever been called outdoorsy comes a collection of stories that inspires unforgettable adventure. Beautiful, empowering, and exhilarating, *She Explores* is a spirited celebration of female bravery and courage, and an inspirational companion for any woman who wants to travel the world on her own terms. Combining breathtaking travel photography with compelling personal narratives, *She Explores* shares the stories of 40 diverse women on unforgettable journeys in nature: women who live out of vans, trucks, and vintage trailers, hiking the wild, cooking meals over campfires, and sleeping under the stars. Women biking through the countryside, embarking on an unknown road trip, or backpacking through the outdoors with their young children in tow. Complementing the narratives are practical tips and advice for women planning their own trips, including:

- Preparing for a solo hike
- Must-haves for a road-trip kitchen
- Planning ahead for unknown territory
- Telling your own story

A visually stunning and emotionally satisfying collection for any woman craving new landscapes and adventure.

Hiking Utah

'Trail Life' is for all hikers, at all levels of experience, from beginners to the most advanced.

Done in a Day Jasper

Woods Cop: True Stories of the Maine Warden Service is a collection of 21 stories from two former colonels, two lieutenants, two sergeants, four district wardens, a warden pilot, and one currently active duty corporal. Altogether, their cumulative experiences account for more than 300 years of warden experience. Before reality TV cameras, GPS devices, and dashboard computers, these wardens presided over a coming of age era for the Maine Warden Service. It was a time when a compass, map, and their wits were what mattered most in the field. Every day offered the potential for an exciting new adventure, many of which endangered the wardens themselves. This book recreates the full warden experience. In addition to hair-raising, life-and-death scenarios, the collection covers moments such as a child innocently outing his parents as “looking for deer” at night, the doldrums of a stakeout, and the grief of tragedy. The stories have been written in a third person, narrative format to ensure consistency in style and to help readers feel the excitement of a twig snapped in the dark, the frustration of second guessing yourself when lives are at stake, and the duty to do what’s right, even if it means breaking the law.

The Hike

50 of the greatest hikes in the country, for all abilities and in all landscapes **America’s Best Day Hikes** is a beautifully illustrated, best-of compendium featuring the most memorable one- day hikes in every region of the United States. Organized by region, this guide goes into detail about what makes each hike so remarkable and why it might be worth a detour or even a special journey for someone looking to broaden their horizons. All of the hikes are doable during daylight hours and none require camping. **America’s Best Day Hikes** comes with all the information anyone would need to experience these unique locations, including details about the hike itself—difficulty, duration, seasonal hazards, etc.—as well as traveling, planning, and packing suggestions. All this paired with Dellinger’s stunning photography makes this incredible volume a must- have for any lover of the outdoors.

The Sedona Hiking Guide Book

The Colorado Plateau is America's western treasure, home to the country's highest concentration of national parks, monuments, wilderness areas, and state parks, and a near-endless bounty of wild, stunning landscape. Discovering the Colorado Plateau will explore this region through beautiful maps, full-color photography, and detailed descriptions of the area's geography, history, and geology, as well as signature activities that encapsulate the best each locale has to offer. By purposefully shifting the focus away from the national parks, this book introduces readers to the various public lands and protected areas that are as exciting and wonderful as any of the major parks. Unlike any other book published recently about the Plateau, this book not only acts as a source of great information and imagery, but as a practical guide and a true celebration of one of America's most beautiful and endangered lands.

Where Locals Hike in the West Kootenay

Even here, in a mountain range designated a UNESCO World Heritage Site for its superlative natural phenomena, and exceptional natural beauty and aesthetic importance, not all scenery is created equal. Some destinations are simply more striking, more intriguing, more inspiring than others. Now you can be certain you're choosing a rewarding hike for your weekend or vacation. This uniquely helpful, visually captivating guidebook covers Banff, Jasper, Kootenay, Yoho and Waterton Lakes national parks, plus Mt. Robson and Mt. Assiniboine provincial parks. It rates each trail Premier, Outstanding, Worthwhile, or Dont Do, explains why, and provides comprehensive route descriptions. 138 dayhikes and backpack trips, each with a map. Full color throughout with 250 photos. The authors participate in 1% For the Planet.

Hiking Through

60 Hikes Within 60 Miles: Salt Lake City is the only guidebook that pinpoints the most exceptional hikes in the area. It contains meticulous trail descriptions that range from comfortable strolls for families to difficult treks for those looking for a challenging workout. Extensive key-at-a-glance information makes it easier to choose a hike based on length, difficulty, or scenery. A helpful list of hikes in the front of the book highlights those with special interests -- best hikes for children, scenic hikes, hikes good for wildlife viewing, best hikes for runners, and more. Each hike report includes commentary on trailside geology, flowers, and wildlife. Historical notes provide fascinating details about early miners, trailblazers, the Pony Express, and Mormon pioneers. Nestled in the western flank of the Rockies, Salt Lake City provides ready access to a stunning array of hiking options amid alpine lakes, snow-draped mountain peaks, fragrant evergreen forests, deep canyon waterfalls, granite towers, and flowered cirques. Within 60 miles of Salt Lake City there are thousands of square miles of national forest, National Wilderness Areas, state parks and designated recreation areas to explore. Now, with this updated edition of 60 Hikes within 60 Miles: Salt Lake City, whether lacing up boots, stepping into sneakers or strapping on snowshoes, Salt Lake City is even more accessible for hikers.

She Explores

Crested Butte Colorado

God only knows what possessed Bill Bryson, a reluctant adventurer if ever there was one, to undertake a gruelling hike along the world's longest continuous footpath—The Appalachian Trail. The 2,000-plus-mile trail winds through 14 states, stretching along the east coast of the United States, from Georgia to Maine. It snakes through some of the wildest and most

spectacular landscapes in North America, as well as through some of its most poverty-stricken and primitive backwoods areas. With his offbeat sensibility, his eye for the absurd, and his laugh-out-loud sense of humour, Bryson recounts his confrontations with nature at its most uncompromising over his five-month journey. An instant classic, riotously funny, *A Walk in the Woods* will add a whole new audience to the legions of Bill Bryson fans.

Trail Life

Where Locals Hike in the Canadian Rockies

The Opinionated Hikers: Kathy & Craig Copeland have created the new Done in a Day series to show hikers with limited time where to enjoy the greatest scenic rewards. Start your adventure within a short drive of the village, and witness the wonder of Moab and be back for a hot shower, great meal, and soft bed at the end of the day. Choose from easy, vigorous, or challenging hikes that have been boot-tested and certified spectacular by the authors.

Don't Waste Your Time in the Canadian Rockies

Situated in the heart of the magnificent Southwest, Las Vegas is surrounded by spectacular natural landscapes. Within easy reach are five national parks, including Zion, Grand Canyon, and Death Valley. Dozens of state parks, regional preserves, recreation areas, and public lands offer amazing variety, from sand dunes and salt flats to alpine meadows, waterfalls, and ancient forests. Unique plant and animal life as well as archaeology, paleontology, and fascinating Wild West history are all waiting to be discovered in this region, making Las Vegas an ideal basecamp: Hikers can enjoy solitude and unspoiled wilderness by day and world-class urban amenities by night. Base Camp Las Vegas includes 101 of the best hiking destinations within hours of Las Vegas. The author has hiked each of the 101 featured routes more than once, and she describes each in detail, including route, elevations, terrain, flora & fauna, and historical details. She notes the best season for enjoying each one, what to wear, and what to take along. She describes any hazards or inconveniences that hikers might encounter and rates the difficulty of each hike from easy to strenuous. She's also included an easy-reference guide to the top five hikes in a variety of categories including birdwatching, stargazing, wildflowers, wetlands, kid and teen favorites, most strenuous, and most remote. Base Camp Las Vegas tells hikers where and when to go--and also how to prepare--to enjoy the best trails this unparalleled region has to offer.

Thru-hiking Will Break Your Heart

Emma Gatewood was the first woman to hike the entire Appalachian Trail alone, as well as the first person—man or woman—to walk it twice and three times and she did it all after the age of 65. This is the first and only biography of Grandma Gatewood, as the reporters called her, who became a hiking celebrity in the 1950s and '60s. She appeared on TV with Groucho Marx and Art Linkletter, and on the pages of Sports Illustrated. The public attention she brought to the little-known footpath was unprecedented. Her vocal criticism of the lousy, difficult stretches led to bolstered maintenance, and very likely saved the trail from extinction. Author Ben Montgomery was given unprecedented access to Gatewood's own diaries, trail journals, and correspondence. He also unearthed historic newspaper and magazine articles and interviewed surviving family members and hikers Gatewood met along the trail. The inspiring story of Emma Gatewood illustrates the full power of human spirit and determination.

Discovering the Colorado Plateau

An illustrated hiking guide to Utah's thirty-three wilderness areas and other less protected places.

Base Camp Las Vegas

Paul Stutzman traveled the Appalachian Trail after the death of his wife, healing by immersing himself in nature and befriending fellow hikers.

Hiking from Here to Wow North Cascades

The 55 most rewarding dayhikes and backpack trips within two hours of Calgary's international airport. All lead to astonishing alpine meadows, ridges and peaks. Though these trails are little known compared to those in the nearby Canadian Rocky Mountain national parks, the scenery is equally magnificent. Includes Peter Lougheed and Spray Valley provincial parks. Discerning trail reviews help you choose your trip. Detailed route descriptions keep you on the path. The authors participate in 1% For the Planet.

America's Best Day Hikes: Spectacular Single-Day Hikes Across the States

Hiking guide for 60 trails in Crested Butte Colorado area. Color topo maps, over 200 full color photos, detailed TH location information, type of vehicle access, trail summary followed by specific details, scenic value, difficulty, elevations, and so much more. A complete guide

The Best Bears Ears National Monument Hikes

"True survival odysseys of two wilderness adventurers who entered the woods in search of tranquility-- but found something else entirely"--Page 4 of cover.

Hiking From Here to Wow North Cascades

Hiking from Here to Wow

The Opinionated Hikers: Kathy & Craig Copeland have created the new Done in a Day series to show hikers with limited time where to enjoy the greatest scenic rewards. Start your adventure within a short drive of the village, and witness the wonder of Jasper and be back for a hot shower, great meal, and soft bed at the end of the day. Choose from easy, vigorous, or challenging hikes that have been boot-tested and certified spectacular by the authors. All books contain trail maps and are printed on recycled paper. Filled with more than 75 spectacular color photographs, these books will serve not only as useful guides, but as beautiful souvenirs. The authors participate in 1% For the Planet.

Hiking Grand Staircase-Escalante and the Glen Canyon Region

Girl Online meets Wild in this emotionally charged story of girl who takes to the wilderness to rediscover herself and escape the superficial persona she created on social media. Mari Turner's life is perfect. That is, at least, to her thousands of followers who have helped her become an internet starlet. But when she breaks down and posts a video confessing she's been living a lie—that she isn't the happy, in love, inspirational online personality she's been trying so hard to portray—it goes viral and she receives a major backlash. To get away from it all, she makes an impulsive decision: to hike the entire John Muir Trail. Mari and her late cousin Bri were supposed to do it together, to celebrate their shared eighteenth birthday. But that was before Mari got so wrapped up in her online world that she shut anyone out who questioned its worth—like Bri. With Bri's boots and trail diary, a heart full of regret, and a group of strangers that she meets along the way, Mari tries to navigate the difficult terrain of the hike. But the true challenge lies within, as she searches for the way back from to the girl she fears may be too lost to find: herself.

Moab

Here are forty-two of the best hikes, nearly all of them within an hour's drive of Salt Lake City, Utah—from Deseret Peak to

Waterfall Canyon. The hikes offer unbeatable views, waterfalls, mountain lakes, and fields of wildflowers. Whether you're in the mood for an easy nature walk or a day-long hike, this guide offers plenty to choose from: Deseret Peak - Highest peak in the Stansbury Range Frary Peak - Highest peak on Antelope Island Brighton Lakes Tour - World-class wildflower displays Ferguson Canyon - The lesser known canyon Mount Timpanogos - The beloved trail of the Wasatch Diamond Fork Hot Springs - Natural hot springs Each hike features full-color photos; a brief route description; thorough directions to the trailhead (GPS coordinates included); a detailed, full-color trail map; and at-a-glance information on distance and difficulty level, hiking time, canine compatibility, and fees and permits. Inside you'll also find a Trail Finder that categorizes each hike (e.g., for attractions such as best hikes for peak baggers, best view hikes, best easy access hikes, best hikes for dogs, best hikes for children, and best hikes for waterfalls); Green Tips; and information about local lore, points of interest, and the area's array of wildlife.

Canyoneering 3

Geraldine Largay vanished in July 2013, while hiking the Appalachian Trail in Maine. Her disappearance sparked the largest lost-person search in Maine history, which culminated in her being presumed dead. She was never again seen alive.

1001 Walks

1001 Walks You Must Experience Before You Die is the perfect guide to the world's most exhilarating walks. The ever-increasing passion for recreational walking is given fresh impetus with the creation of each new national park and wilderness area, the construction of every new walkway and the clearing of another fresh trail. The growth in popularity of pathways and woodland walks, and the conversion of canal banks and disused railways around the world to mixed-use walkand cycle-ways, means we now have unprecedented access to our cities and to ever-increasing tracts of our rural heritage. The wide-ranging, carefully chosen featured routes vary from the rugged delights of Wales's Pembrokeshire Coastal Path to the lush wilderness of Jamaica and the Harz Witches' Trail high in the German mountains. The hand-picked excursions cover overland paths, urban trails, mountain passes, coastal and shoreline strolls, and walks that explore the heritage of the world's most culturally rich destinations. There are gentle walks for beginners - some lasting barely an hour - and more demanding challenges for seasoned enthusiasts that will take months to achieve. Every page provides a wealth of information about a must-try walk, including start and end points, overall distance, difficulty rating, terrain and an estimation of the time it should take to complete, along with links to specially commissioned digital route maps. In short, 1001 Walks You Must Experience Before You Die is an essential reference guide for all those who love to get out of their cars, get off their bikes and lace up their walking shoes.

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